

IRMA AND DISTRICT HOME TOWN
NEWSPAPER FOR THE PAST
TWENTY-SIX YEARS

IRMA TIMES

READ IN THE HOME OF EVERY
RESIDENT IN THE IRMA
TRADING AREA.

Vol. 28 No. 5

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News of Our Boys

PO. R. H. Simmermon of Saskatoon spent last week-end at home. PO. Arthur Larson is home on furlough this week. Leslie Elliott, cook at the Edmonton manning depot was home on short leave last week end. Murray Walker who is on duty with the R.C.A.F. on the west coast has been home on furlough. Wm. Jakes, of Jarrow, on duty at the Claresholm air station as air frame mechanic, was home on leave last week. Archie Bacon of the R.C.A.F. is home on furlough from the Pacific coast. Don Savard enlisted in the R.C.A.F. Edmonton on July 17 for wireless training. Alfred (Fred) Jack reported to an army depot for training this week.

MANY DRIVERS FAIL NOTE FIRE HAZARDS

Faced with the fact that tires are the most important item in car conservation, Alberta motorists are reported to be giving close attention to means of lengthening car life. Even with the development of synthetic rubber plants, the measures taken to stimulate the growth of raw rubber and reclaiming of rubber from scrap stocks, the private motor car owner must observe conservation to the greatest degree possible in his own interests, according to officials of the Alberta Motor Association. Possibly many drivers do not fully realize the extent to which tires are damaged when the tire strikes curbs or other obstructions. Usually the damage is not immediately evident, as the tire rarely blows out at once. Later, the damaged inside of the tire will chafe through the treads or the break will completely progress through the tire. The motorist should park carefully, not ram his car into the curb. And on gravel roads, don't "hit it up" in an effort to smooth out the washboard effect. You may have a smoother ride but if you strike a stone at high speed your tire will be badly bruised, perhaps causing a ruinous blowout at some later time. Driving on a flat tire is ruinous. If a tire is completely flat, it can be ruined by driving on it for a very short distance, perhaps one revolution of the wheel.

DR. J. S. SHOEMAKER

Dr. James Sheldon Shoemaker, of Edmonton, professor of horticulture at the University of Alberta, is conducting CBC's Gardening series (Wednesdays at 5:45 p.m. MDT) which will continue to be heard for the remainder of July. Dr. Shoemaker is a native of Montreal, and a graduate of Ontario Agriculture College. He is a Master of Science of Iowa State College and Ph.D. of the University of Minnesota. For nine years he was associate agriculturist at Ohio State University. He came to Alberta in 1935. Dr. Shoemaker is the author of a widely-used text, "Small Fruits," and has also written about 100 booklets on a wide range of horticultural subjects.

Albert District News

A very successful picnic was held by the W.I. at Albert on July 22, when all the neighbors and a number of people from nearby districts and from Irma, spent a very pleasant afternoon. Horseshoe and softball were the main attractions. Mr. R. C. Johnson and Mr. A. R. McRoberts won the horseshoe. The ladies were kept busy in the booth all afternoon and served appetizing refreshments for supper. There were races for the children in the evening and a dance in the schoolhouse. Mrs. G. W. Hardy entertained a number of the Albert ladies on Friday afternoon in honor of Mrs. Stark and her daughter Mrs. Carson. These ladies returned to Boston on Sunday evening after having been over five weeks at the home of Mr. and Mrs. Ivan Currie. R. A. Larson and sons have purchased a new Case tractor. PO. Arthur Larson, accompanied by Miss Ethel Arnold and her mother visited at the homes of Mr. and Mrs. Griffiths and Mr. and Mrs. Hardy on Monday. Mr. Cyril Jones is spending a few days with his parents.

Excellent Crop Prospects Says Report

BANK OF MONTREAL CROP REPORT No. 8

Somewhat higher temperatures and precipitations varying from showers to heavy rains have maintained the excellent crop prospects in the prairie provinces. Moisture is generally adequate, but as crops are somewhat later than normal, continued warm weather would prove beneficial. Wheat is heading well and oats and barley are making very good progress. While heavy rains and high winds have caused some lodging, much of the lodged grain is expected to recover. There have been further severe hail losses in isolated areas. Grasshoppers are numerous, but have not been active. Sawfly damage is not yet extensive. Sugarbeets are a promising crop. In the province of Quebec, the outlook continues favorable for crops in general. The harvesting of hay has been delayed but cutting is well advanced. The yield is heavy and a good portion of the crop has already been stored in good condition. Pasturage is excellent. Moisture conditions are satisfactory in most districts. In Ontario crop prospects generally continue favorable, although severe electrical storms during the past week caused considerable damage in central and western areas of the province, particularly eastern sections. Storing of a heavy hay crop has been practically completed. Cutting of fall wheat is under way with satisfactory yields generally indicated. In the maritime provinces the hay yield is heavy, grain, potato and root crops are making good progress, and apples, the set of which has been lighter than usual, are sizing well. In British Columbia, crops generally are benefitting from warm weather after heavy rains. Roots and vegetables are doing particularly well, and tree fruits are developing satisfactorily with prospective yields for apples, apricots, peaches and pears somewhat under the average.

ALBERTA—Crop prospects are more promising than for several years. Moisture is abundant except in southeastern areas, where good rains are now needed to prevent deterioration. While crops are ten days later than average, all grains show a thick stand and a large percentage is headed. Fall damage is normal. Sawfly infestation is heavy in southern districts.

Copper and brass utensils are dangerous to use if not perfectly clean. Rub spot with hot vinegar and salt, lemon rind and salt, tomato juice, rhubarb juice or hot sour milk.

To wash rays on mild, lukewarm suds, squeezing them through the material. Don't rub or wring the garment. Iron it slightly damp on the wrong side.

All Farmers' Conference Discusses Many Problems Of Interest To Farmers

The third All Farmers' Conference was held in Wainwright on July 28 when a good attendance took part in the discussion on the importance of food production in our pursuit of victory, and other farm problems. In reporting on the results of the second conference, the secretary quoted from a letter from the Hon. J. G. Gardner, expressing his appreciation of the work of the conference and specifically reading as follows: "Your resolution No. 2 has been dealt with after consultation between the Wartime Prices and Trade Board and the department of agriculture officials. The arrangement entered into is this—that no direct restriction is to be placed on the export of cattle to the U.S.A." A corporation has been set up to buy cattle that would normally be exported, at the export price and return the cattle to the Canadian market, when the local markets make this necessary. The matter of a Farm Centre was investigated and it was learned that the Wainwright Board of Trade is interested in a soldiers' centre to the exclusion of the other centre, for the time being. A committee of D. Rattray, E. N. Arthur and the secretary are instructed to investigate further the securing of the necessary facilities for comfort and social gathering of our farm families. The matter of a municipal health plan is being dealt with very satisfactorily by the municipal council. The important resolution dealt with by the conference dealt with the necessary facilities for the current matters, chief of which was the following: that since agricultural production of food stuffs was urgently needed by the governments own demands and since Canada's production is far short of these quotas and is barely able to supply Britain's war requirements (one egg a month ration); the conference urged that immediate steps be taken by the federal government to consult with the U.S.A. government on agricultural resources and the Canadian's share in same; that the department of agriculture then formulate the 1943 production policy for release not later than October of this year so that individual farmers may plan their production during winter months; that specific plans be made on national, provincial, municipal and farm scale; that farmers' organizations be consulted and that local production committees be established; that credit be made available at 3 per cent to enable farmers to expand their production as required. An important resolution pointed out that the scarcity of lumber, farm machines and repairs and farm labor will work a real danger to harvest in many instances, where companies are content to sell same where most cash is available and hence leaving many districts unable to get any lumber or machines at all; that the federal government arrange to finance the harvesting and storage of the crop this year. A resolution of interest to Albertans, especially and which should draw some quick action is one as follows: Whereas the bottleneck in agricultural production in the change over from grain to livestock is caused through lack of facilities of finance; and since federal government has stated that these facilities are available through chartered banks, although the facilities of this nature are known to all farmers; since increased livestock production in line with the present Alberta government policy of aiding Alberta-made goods and since Alberta has facilities for the extension of credit to farmers through the treasury branches as is used by the feeder associations, the All Farmers' Conference asks the Alberta government through its treasury branches to extend the use of these credit facilities for the present harvest needs and for production of swine, dairy cattle, poultry, etc.

Other resolutions asked for parity prices of all farm products in line with advancing production costs, security of tenure for the duration and five years after the termination and low interest rate loans to enable farmers to expand production. The conference again urged the federal government to appoint representatives of farm organizations on all war boards dealing with agriculture, specifically mentioning the board of the Canadian government's export cattle buying corporation. The conference took strong exception to the personnel of the Veterans Land Act board on which the federal government has placed three representatives each of the two railways and the financial land companies with no farmers nor veterans represented. This whole piece of nonsense points to waste, graft and unfairness to the returned men who will be affected. The meeting urged C.F.A. and veterans representatives be placed on this board in equal numbers to the others. Urging the quickest possible action on the opening of a second front in Europe against the Axis, the conference was fully aware of the danger to the Allied cause if present battles result in the cutting off of supplies to Russia and the countries of the near east. Mrs. Minerva Cooper, editor of the Western Farmer, Saskatoon, in a stirring address, appealed to all farmers and farm women to do their utmost to see that farm production be increased at once. If major military battles take more men into the armed forces and munitions plants the production of food will fall behind even more so. Mrs. Cooper dwelt on the necessity of farmers accepting their true status as equal partners in the war with the workers and the military. The speaker pointed out the position in Saskatchewan where she has covered a wide area in a speaking tour, that groups such as the All Farmers' Conference were rising up all through the province to demand greater effort and scientific planning of the nation's agricultural resources. In a short address to the meeting Mr. Kenn Tory, under whose guidance the All Farmers Conference has been maintained as a modern, informed and politically unbiased instrument of public opinion, expressed his regret at being unable to continue as secretary, but urged those attending to keep alive the democratic ideal of the movement.

A. F. U. Notes

(From the Viking News)

ORGANIZATION
The Alberta Farmers' Union is not just another farm organization. The farmers have never been organized on union lines before. That is to say, they have never been organized to use their collective bargaining power and to insist on having their just demands met. It is true there have been farmers' organizations in the past. Most of us have belonged to such organizations. That was as far as it went and that was the trouble. We belonged to the organization, the organization did not belong to us. There is a world of difference between these two kinds of organizations and it is important that we understand this very clearly. We have learnt our lesson in the best university in the world, the school of bitter experience and disillusionment. We have learnt that if we want a job done we have got to do it ourselves. No one but the producer himself will put up any fight for agricultural as all other industrial and financial groups as well as organized labor are too busy looking after their own business and are only concerned with their own economic welfare. So why should agriculture not take her organized and rightful place along with all other groups and co-operate with them to bring about a more equalized prosperity to our whole economic structure. When the farmer is prosperous, everyone else is prosperous. Canada wants agriculture and that will help win the war. "Food For Victory."

WHOLE TOWNS WILL CLOSE SO TOWNSMEN CAN AID FARMERS IN HARVESTING

KENOSHA, Sask.—"It is not unlikely that entire villages and small towns will close up for various days while all the townsmen join the farmers of the district in gathering the crop," stated Premier Patterson of Saskatchewan, at a recent meeting in Kenosha. The Saskatchewan government is starting a campaign to organize every community to get harvest help to the farms. Merchants and business men in towns and villages will be asked to release men who can assist. "Every available source of local help will be utilized to prevent a shortage of harvest labor," stated the Premier.

CANADIAN BEAUTY



Dorothy Whyte, who has been one of the principal reasons for the success of CBC's Sunday Night Variety Show from Montreal (8:15 p.m. over CBC, Watrous), is spending a brief holiday in the west. Dorothy whose fame has spread far and wide, was born in Flury Coulee, Manitoba. Her home is now in Montreal where she fulfills many radio engagements.

World of Wheat

by H. G. L. Strange
Director of the Searle Grain Co.

Harvesting and Threshing A crop For Seed

Many farmers this year will have either a plot or a field from which they expect to secure high quality seed. As soon as the crop has headed out, it will pay the farmer to walk through the seed field and pull out by the roots all weeds or plants of other kinds of grain that do not belong there, and to carry these plants to the end of the field pile them up and when dry burn them. Then before harvesting, one or two swaths with a mower should be cut around the seed plot or field. When cutting time comes, the canvases should be removed from the binder and whole machine cleaned thoroughly with a whisk broom, and the kernels that have lodged in the gears and the joints of wood and ironwork should be picked out, the horse hoofs should be cleaned out and the operator should also turn down the cuffs of his trousers—all to be sure that no foreign grains will be dropped on the clean seed field. The stocks of the seed plot should be well separated from the stocks from adjoining fields, so that the field men hauling to the separator will not mix the stocks from adjoining fields with the seed crop.

UNITED CHURCH

Sunday, August 2
Paschendale—public worship 11:15
Roseberry—Sunday school 3 p.m.
Public worship 3:45 p.m.
Irma—Sunday school 11 a.m.
Public worship 8 p.m.
A hearty invitation is extended to all these services.

Jarrow-Kinsella United Church

"Hallowed be Thy Name."
Kinsella—11:00 a.m.
Jarrow—12:30 p.m.
(Communion)

ANGLICAN CHURCH

Holy communion service at 11 a.m. Sunday, August 9.

CARD OF THANKS

I wish to take this opportunity to sincerely thank all friends who so kindly sent me flowers, fruit, letters and cards whilst in the Wainwright hospital.
Gertrude Watkinson.



Proof that good things come done up in small parcels is found in "Get Happy" a tenebrous five-minute program heard over CJCA Monday, Wednesday and Friday at 11:55 a.m. Guaranteed as a "blues" chaser, "Get Happy" features gay piano, marimba accompaniment and vocal music. Be sure to tune in to this "big little show"—you'll like it.

"Eveready Time" (heard Monday through Friday at 6:30 a.m. over CJCA) is bound to suit those early risers who like to start the day right with a generous helping of entertaining musical variety. Besides featuring popular and novelty music, old favorites and band selections, "Eveready Time" brings you timely tid-bits of information on this and that.

"In His Steps" (CJCA Sundays at 9:30 p.m.) is an inspiring program adapted from the world's best seller (next to the Bible). Written by Charles Sheldon, himself a clergyman, it has a clergyman as its central character, and into an individual and delightful musical background, presents a tender, endearing drama of those who follow "In His Steps."

Vegreville To Hold Three Day Fair

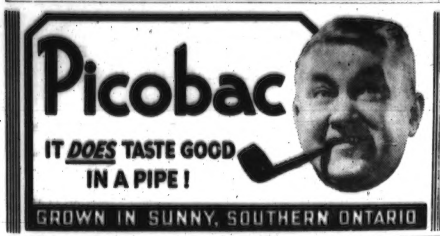
VEGREVILLE EXHIBITION AUGUST 3, 4 and 5

A prize list of the 42nd annual Vegreville exhibition being held on August 3, 4 and 5, has come to hand. In spite of lean years and war years the Vegreville exhibition and agricultural fair continues to have the confidence of the people and it seemingly is growing in popularity and size.

The prize list contains handsome prizes for all classes of horses, cattle, sheep, swine, poultry, grains and grasses, vegetables, fruits, domestic manufactures, ladies' work, horticulture, etc. There is also a farm boys' camp where farm boys of the Vegreville district are again afforded the opportunity of attending a three-day course of instruction and recreation in camp. Some of the best grandstand attractions of the year will appear every afternoon and evening, coupled with a military precision drill by the R.C.A.F. of Edmonton, the same as appeared at the Edmonton fair.

On the evening of the last day there will be a draw for a car for which tickets have been sold throughout northern Alberta. The Vegreville exhibition should hold quite an interest for people of this district.

Galoshes should be stuffed with paper and wrapped separately when storing. The idea is to keep the rubber surfaces from touching as muser's heat will vulcanize rubber.



The Siege Of Sevastopol

THROUGH THE PAGES of history are scattered the names of men who have lived, and battles which were fought many years ago, and which are as familiar to us as events of the present day. Waterloo, Trafalgar, Lord Nelson, Earl Haig, are all names that call up events well known to Britishers everywhere. Already in this war, we know that when it is recorded for history, there will be men and battles whose names will take places alongside of those immortalized in past generations. Dunkirk, Crete, Captain Poparty Pagar, Jarvis Bay, Malta, and now Sevastopol, will all live on the pages of history as epic events in this great struggle for freedom. The siege of Sevastopol, which started last October and ended late in June, is one of the greatest struggles ever recorded in modern warfare. Because it forms the gateway to the rich Caucasian oil fields, one of the prizes Hitler most urgently desired, and because it also served as a base for the Russian Black Sea fleet, no effort was spared by the Nazis to bring the fortress under their control.

An Epic Struggle

It is said that at no time in history have so many, or such powerful weapons been assembled as were used against Sevastopol. General Von Manstein sent 250,000 men against the city, and fresh troops were available to replace those that fell, without ceasing, and the onslaught lasted for two hundred and forty-five days of continuous action. The distance which the Nazis advanced in that time was only forty miles and it is likely that never before were so many lives lost in the covering of such a distance. In spite of the fact that the Germans had control of the air, and that they outnumbered the Russians at a ratio of ten to one, they were repeatedly driven back, and it was only through a total disregard for life and material that the post was finally overcome. Even after the defenses had been stormed, the garrison did not surrender, but continued to fight each step of the German advance. The loss of Sevastopol is a grave event, for it opens the way for Hitler to the oil fields of the Caucasus, and gives him valuable air bases from which to launch his attack in that direction. It also deprives the Russians of an important base for their fleet in the Black Sea.

Valiant Defense

However, the valiant defense of the port has given the United Nations time to prepare for the defense of the Caucasus, a defense which could not have been effectively organized had the Germans not been delayed so long at Sevastopol. The valiant part which Russia is playing in the war is well recognized by all the United Nations. Although specific details are not made public, it is known that large quantities of essential weapons and supplies are constantly being sent to Russia from Britain and the United States, and that all possible aid is being given to sustain them. At the same time the free nations acclaim the courage and determination of the defenders of Sevastopol, whose names will go down in the history of Russia and of the world.

NOTHING FOR FEES

An East London man who had been advised by his solicitor upon the matter of making everything over to his wife in case he was killed in an air raid, later wrote to his legal adviser thus:

"Dear Sir—Having as you advised, put all my possessions in my wife's name, regret to say I now have no money to pay for your services."

IN NAPOLEON'S TIME

Press censorship today is mild as compared with Napoleon's time. The decisive battle of Trafalgar was not permitted to be mentioned, by any French newspaper until 1815—ten years after the fight.

Remains of the so-called Java ape-man are considered to be 500,000 years old.

HOME SWEET HOME



Visitors to French Canada are always impressed with the gaily habit of vivacity at table. Mealtimes should be happy times when the family sits down in amiable sociability. Euphetic is the word for it—and worth trip to the dictionary. At mealtimes, don't worry about unpaid bills, scold the children, or gnaw on bones of contention. All the vitamins in the world won't help you or your children if the occasion is so unhappy as to impair digestion. Warm up that gloomy, cold-potato atmosphere.

Other Don'ts

Don't spoil mealtimes by forcing children to eat. If a child is seriously underweight there is likely enough an organic cause and it is wiser to consult your physician. Perhaps he's too excited with life to feel like settling down to a meal: after all, life is pretty exciting to youngsters whose genial currents have not been frozen by the anfractuities of life! Or the child may be a bit upset or too tired. Let him alone; scolding or nagging won't help and may make him so resentful that he may go on a partial hunger strike.

Spicing the Appetite

Appetites are sure to decline if you serve the same dishes over and over again. It's too easy to fall into the habit of always serving the identical combination of dishes—such as sole stew with stew or pan potatoes with a roast. For a change accompany stew with a green salad with a favourite dressing. Or with a roast, au gratin potatoes or baked onions that have been glazed with a little honey to give them eye appeal.

Conditioned reflexes make our mouths water when we smell the robust aroma of sausage in the skillet, while the word protein leaves us cold. The advice to eat one leafy green vegetable and one citrus food every day doesn't rouse our appetite like it would if we put it this way: Think of the leafy green vegetable as tender, fresh broccoli sprinkled with grated cheese. Sounds better, doesn't it? And for citrus fruit imagine a salad of orange and grapefruit sections with some of our local fruits in season, served with a dash of a tart French dressing. Think of sauces and dressings in due proportion to the bulkier parts of a meal, remembering what George Meredith had his bright young hero say:—

"The woman who has mastered sauces is sitting on the very apex of civilization."

If you have not already done so, the Western Division Health League of Canada, 111 Avenue Road, Toronto, invites you to write for a free vitamin chart which may be hung in the kitchen as an aid to navigation on the course of health.

And gravitas—homely dishes like Swiss steak earn the plaudits of gourmets with addition of the merest soupçon of vinegar and a conservative dash of mustard.

Are Mostly Britons

Interesting Figures On Personnel Of The Royal Air Force

Personnel and equipment of the Royal Air Force, at home and abroad, are preponderantly British, the British Press Service said in a statement disclosing the composition of the R.A.F. in the United Kingdom and on overseas service.

While the statement did not give figures for each dominion, Canada is believed to have the largest representation of the Empire's airmen in the R.A.F. More than 1,000 Canadians participated in the recent raids on Bremen and the accompanying sweeps of the Channel coast.

Sixty-seven per cent. of the men in R.A.F. air crews on duty in the United Kingdom are Britons, the B.P.S. said.

Twenty-six per cent. come from the dominions and seven per cent. from Allied nations. Of male ground personnel, 97 per cent. are Britons, two per cent. from the dominions and one per cent. from Allied nations. Aircraft in operation are 87 per cent. of British manufacture and 13 per cent. from the United States.

Personnel of air crews overseas are 83 per cent. British, 15 per cent. from the dominions and two per cent. from Allied countries, the service said. Ninety-nine per cent. of the men in ground personnel are Britons while only one per cent. are from the dominions. Aircraft in operation overseas are 75 per cent. of British manufacture with 25 per cent. from the United States.

AIR TRAINING PLAN

LIST OF GRADUATES

The following students graduated under the British Commonwealth Air Training Plan from:

No. 3 Bombing and Gunnery School, Macdonald, Man. (Air Gunners):

LAC R. D. Conley, 314 Dubuac St., Norwood, Man.

LAC W. H. Forrie, Box 126, Holland, Man.

LAC T. O. Hinchinson, 441 Agincourt, Winnipeg, Man.

LAC E. J. Johnson, 31 Head Ave., The Pas, Man.

LAC J. M. Kelle, Oakbank, Man.

LAC R. C. Griffin, Oakley Park, Swift Current, Man.

LAC L. Gravelle, Portage, Sask.

LAC J. A. Wood, Portage, Sask.

LAC A. D. McKee, Portage, Sask.

LAC N. E. MacMillan, Silver Lake, Sask.

LAC N. W. Stewart, 584 Home St., Winnipeg, Man.

LAC W. W. Spencer, 553 Walker Ave., Winnipeg, Man.

LAC H. L. Timbers, 295 Manitoba Ave., Winnipeg, Man.

LAC E. E. Wolpin, Elm Creek, Man.

LAC H. E. McRae, 3110 Main St., Saskatoon, Sask.

LAC J. J. MacKinnon, 208 Maple St., Saskatoon, Sask.

LAC W. H. D. Meaden, 9215-45 Ave., Edmonton, Alta.

LAC J. K. Picken, 979 Sherbrook St., Winnipeg, Man.

LAC J. A. Woods, Portage, Sask.

LAC J. R. Woodfield, 177 Inkster Blvd., Winnipeg, Man.

No. 7 Bombing and Gunnery School, Paulson, Man. (Air Gunners):

LAC W. L. Harris, Laurier, Man.

No. 12 Service Flying Training School, Brandon, Man. (Pilots):

LAC W. G. Adamson, Craik, Sask.

LAC D. W. Brown, 361 McMillan Ave., Winnipeg, Man.

LAC J. D. Hamilton, Kenosha, Sask.

LAC E. E. Smith, Telephone 7, Brandon, Man.

Sugar Rationing

Hints For Cutting Down The Amount Normally Consumed

Sugar rationing won't hurt anyone. According to nutritionists, sugar does nothing more than supply quick energy and create an appetite for more sugar.

Here are "painless" ways to cut down on sugar.

Gradually reduce amounts in tea, coffee and on cereals.

Make icings thinner or eliminate entirely.

Serve fruits in season in their natural state instead of cakes, pies and puddings.

When stewing fruit, add sugar towards the end of the cooking period when it takes less to sweeten.

A pinch of salt added will bring out the flavour. Avoid using soda, as this destroys vitamins.

Substitute honey, corn syrup, maple products or molasses when available. Remember that if you have to buy these substitutes they cost more than sugar. Save the money to serve more of the protective foods—fruits, vegetables, milk, eggs, cheese, meat, butter and bread made from Canada Approved-flour. When the family becomes accustomed to the natural food flavour, they will in all likelihood prefer it.

If dried fruits are used in muffins or cookies the amount of sugar called for in the recipe may be cut down.

SWISS TRUCK SERVICE

The Swiss government organized a motor-truck service from the Portuguese to the French frontiers across Spanish territory to facilitate movement of raw materials and foodstuffs.

There is a fortune awaiting the man who can invent a shoe string that won't break when you are in a hurry.

The Individual Citizen's Army

A Weekly Column About This And That In Our Canadian Army.
By Alan Maurice Irwin

This was due to be a column about Army Week. That's what it will be—but the lead will be a little different, thanks to the news that just came over the radio, "Vancouver Island has been shelled by a submarine."

It brought back to my mind the last time I changed a column after it was nearly finished—that was when two freighters were sunk in the St. Lawrence.

At that time I was solemnly informed on several occasions and by several persons that "there haven't been any sinkings in the St. Lawrence—that's just government propaganda to frighten people into voting yes!" And I wasn't the only one to whom that story was told. Just the other day a friend related this anecdote:

"A group sitting around in an office in Montreal the day after the St. Lawrence sinkings was gradually shouted into silence by a vociferous proponent of the theory that the story had been invented by government propagandists.

The telephone rang and was answered by the co-opt of the office. All the group could hear was: "Did he? Is he all right now? How far did he have to swim? What's he going to do now? Well, he certainly has nerve—wanting to go back for more!"

He hung up, turned to the group and said the call was from his wife who had just heard from her cousin who was a seaman on one of the torpedoed vessels and had just arrived in Montreal.

"The vociferous one, converted, grabbed the phone and passed on the story of the truth of the sinkings to several friends.

"As the meeting broke up and the converted seaman left, the man who had answered the telephone said: 'That phone call was a long distance operator telling me she couldn't complete a call. My wife has no cousin at sea—in fact all her cousins are girls. I carried on that fake conversation after she cut off just to prove my theory that a rumour-monger would rather believe a lie than a fact!'

There's a moral in it somewhere! And there's a moral in the shelling of the telegraph station at Estevan, B.C.

But this was to be about Army Week. So it is. We wouldn't need to hold Army Weeks if people would believe that "it can happen here." We wouldn't have to put on campaigns to get men to enlist in the Reserve Army if there was less complacency. We wouldn't have to ration commodities like gasoline, if we civilians were prepared to volunteer mentally to fight for our country in our every day lives.

Look at the automobiles that clutter the roads on Sundays. Look at the "teas" and "strawberry festivals" that are advertised in the press and the pulpit.

Don't these people know that we are fighting for existence?

Are we going to have "teas" and selfish men and women who must continue doing what they used to until road blocks, built to hamper an invader, hamper their progress to garden parties and golf links?

It might seem a very black outlook if it were not for the fact that just before Army Week started we had "Sugar Ration Week" and Canada showed that not every one is of the gasoline-wasting or "must-have-tea-at-any-cost" stripe.

Volunteers of all ages rallied to help cut down their own supply of sugar. Men of A.R.P., C.P.C. and Reserve Army units tramped the street collecting cards; club women and housewives went back to school and sat at cramped desks to transcribe names from application forms to ration cards; business girls became office managers to speed the work along and Boy Scouts gave up their holidays to act as messengers.

I was in Ottawa during ration week. And I started off on the wrong foot by going to bed angry.

The reason?

Two well set up looking men who arrived by the Sunday night train from Montreal went up in the elevator with me. The heaviest items of baggage, carried by the bell-boys were golf-bags filled with clubs. Figuratively chewing my nails I tried to sleep wondering whether they were in the capital to help win the war or to knock valuable rubber around a golf course.

I still don't know. But this column is about Army Week or, since John and Jane Citizen both put their backs

into the Sugar Ration job, shall we say both Army Weeks?

We have set up—and now that we see how it works—have welcomed the Wartime Prices and Trade Board. We set it up to help us conserve goods of all kinds and foods to help win the war. That is to say we are denying ourselves to help the Army, the Navy and the Air Force.

Well then, what is the good of holding Army Week once a year if we chisel from the Army the other 51 weeks?

"Chisel?" Yes, I know it sounds nasty! But that's what it is. "A white lie to get a little more sugar is a very little thing."

And stealing one cartridge from a soldier's pouch is a small thing, except when that cartridge spells the difference between life and death to a man in the same uniform as your son.

Television Advances

A New Post-War Industry Predicted For Britain

Three-dimensional television in color on sets costing only \$40 each, and transmission which can be seen in any part of the country instead of merely in localized areas, is the dream of John Baird, British television inventor.

When peace comes, Baird said, that dream will quickly become reality.

In a bombed and blasted London house, Baird is conducting experiments which he believes will give Britain a large new post-war industry. He has just finished making an all-wave television and radio receiver which he claims can be marketed after the war for about \$40.

"Hitler" has been helping the British scientists with the experiments. That's the name of the old ventriloquist's dummy dressed in a brilliant scarlet and blue uniform which starts in all the test transmission.

On the new set, "Hitler's" grinning wooden face appears in excellent color and in three dimensions. The reproduction is amazingly clear, and the color equals that of technicolor films.

Thompson and Lindsay Islands were among the four maps of the South Atlantic this year because both have vanished. They had been listed since 1823.

ITCH STOPPED

For quick relief from itching of eczema, psoriasis, skin eruptions, sunburn, insect bites, and other skin troubles, use ITC-500, cooling, and soothing. Liquid D. D. D. Prescriptions. Creams, ointments, and powders. ITC-500 is a new drug that stops itching today for 10 to 15 days. PRESCRIPTION.

Japanese Orders

People In Occupied Countries Told What They Must Do

Proclamations issued by the Japanese commanders in New Guinea and New Britain have ordered the Japanese flag to be flown from every house. In addition, residents must bow whenever they meet Japanese soldiers and must learn to speak Japanese.

All trade has been forbidden except under special license. There also are bans on "listening to the radio, intercepting messages, writing to each other or going out at night."

Another order forbids "the propagation of religion or meetings with European missionaries," but the people have been told if they obey the emperor of Japan they will be "stabilized in their life."

GEMS OF THOUGHT

CHARITY OF THOUGHT

The charities that soothe, and heal, and bless, lie scattered at the feet of men like flowers.—Wordsworth.

A little thought and a little kindness are often worth more than a great deal of money.—Ruskin.

Judge not without knowledge, nor without necessity, and never without charity.—Dr. Alex. Whyte.

Where the motive to do right exists, and the majority of one's acts are right, we should avoid referring to past mistakes.—Mary Baker Eddy.

Try to do to others as you would have them do to you, and do not be discouraged if they fail sometimes.—Dickens.

It will be found that he who is most charitable in his judgment is generally the least unjust.—Southey.

METAL FOR SHIPS

Sufficient metal for thirteen 35,000-ton battleships has been recovered by melting down railings and gates in Britain, London alone contributing 94,000 of 200,000 tons.

The HANDY ECONOMICAL SELF SERVING PACK

HERE IS A LIGHT WEIGHT WAXED PAPER ECONOMICAL TO USE, WITH THE ADDED ADVANTAGE OF A SELF-SERVING PACK.

HANG IT ON THE KITCHEN WALL. LET IT SERVE YOU FAITHFULLY.

Presto! PACK

WAXED TISSUE PAPER

Appleford PAPER PRODUCTS LIMITED

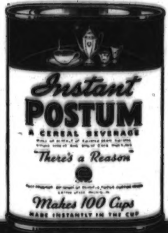
HAMILTON TORONTO MONTREAL

How to Conserve TEA AND COFFEE

Here is a grand mealtime beverage with a delicious, robust flavor all its own. Instantly made in the cup — VERY ECONOMICAL.

POSTUM

4 oz. size makes 50 cups,
8 oz. size makes 100 cups.



"ALL THAT GLITTERS"

— By —
ANNE TEDLOCK BROOKS

CHAPTER XXXI

Ransome Todd's heart gave a great leap when he saw the girl jerkily as he watched the slender girl mount the steps to enter the airliner. I'd have known Tamar if she were wearing a mask instead of those dark glasses, he thought happily.

He stole a quick glance about the group assembled at the gate. No one accompanied Tamar to the entrance. There was a quick racing of the motor, the engine roared and the great silver ship was off down the runway. He caught a glimpse of a white face pressed against a window and the lift of a slender white hand. She had seen him then.

Ranny moved out of the dimming throng and went into the terminal building. He had come to check with the men in the control tower the number of transient ships, hoping to find some clue for the plane that had carried Tamar away. There had been a call from Taylor today, telling of a reservation that had been made and the ticket sent out by a private pilot to an inn.

The FBI man had been checking with the airfields on transients and reservations. He had played a hunch that the kidnapper was using his plane to make his contact with Knox Randolph for the ransom, and in all likelihood would see that Tamar returned by plane.

The records in the police files showed only three Louises of all those investigated who had private flying licenses. That narrowed the number down considerably. Of course, the man would be using an alias, though, and throw them off the track.

The reservation had been made for a Mrs. Arthur James. Nothing unusual about the name, and until Ranny saw Tamar he had thought it might be only a very thin thread of a pattern they were trying to weave together to make a complete design.

He stopped at the public telephone and put in a call for Shadwell. The first thing he must do was to let Tamar's father know that she was safely on board the plane bound for Atlanta.

The long-distance operator said the line was busy and he had to wait for a moment. He saw a girl in the next booth talking earnestly into the telephone. He guessed that she was sending a wire as he watched her read from a paper. She was small and pretty with blonde curls framing her oval face.

Even through the glass he could see that she seemed nervous. She hurried out of the door and across the lobby. Ranny's call was put through and he had Knox Randolph on the wire. "I have just seen Tamar enter an airliner for Atlanta," he said in a shaking voice.

"Yes," said Randolph. "Tamar told the hostess who she is and the radio operator called the local police. I just had the message. I'm meeting the plane at Atlanta. Dick is flying me up."

"I'll be on hand, too," Rann shouted.

Two hours later the airliner with Tamar on board was set down on the ribbon of concrete at the Atlanta field. The gates were thronged with reporters and bystanders who gave a wild cheer as Tamar appeared in the doorway of the plane.

Police stood by, hands on holsters. Tamar was so weak with sheer nervous exhaustion that her feet crumpled and refused to move as she took the first step.

Strong arms gathered her up. "Tamar!" A vise-like grip pulled her to a rough tweed-clad chest and giant strides carried her past the curious.

Tamar laughed to keep from crying. It was heavenly to be with Dad and Ranny. And good old Dick Sheridan in the front seat with the driver.

"Where are we going?" she managed presently. "I'm taking you to a hotel. You're going to get about 12 hours sleep before you go back home."

"Oh, but, Dad, please don't. I want to get back to Shadwell. I've never wanted to see home so badly in all my life as I have the last two days. Let's go home, Dad."

"Are you flying back with me, Ran?" Dick asked, turning in the seat. "It's not far to Tahlshneka by plane."

Ranny looked at Tamar. He had held her briefly in his arms, and in that short moment knew that he would never be happy if he could not always have her.

News travels fast! Ranny thought as they pulled up before a small restaurant. He had decided that he had more work to do before he could go back to Tahlshneka. For one thing, he must go and telephone the office at Tahlshneka. Randolph had barely had time to say that a wire had come from Atlanta just as he left the house stating that Tamar was on the transport. The wire was being traced as he left. Perhaps Taylor would have some definite news about it.

Tamar drank hot coffee and ate a thin sandwich. "It's good, but I'm too excited to eat," she said. "May I call Phoebe and have her get dinner?"

In another moment she could hear the sound of Phoebe's warm voice ejaculating and sobbing with joy. Tamar could see her there in the wide old hall with valiant paneling, her feet spread and head wagging in its bright red kerchief.

Aristotle would be scratching his back on the open kitchen door and grinning with delight. "We'll be home for dinner, Phoebe!"

"Ah, knowed it, Honey. Ah, she's a happy cat! Black hair is playing Hallelujah on de sides of my ketches. De whole house am a singin'. Chile, we is waitin'!"

Tamar's blue eyes glistened with tears and the color had started back into her pale cheeks. Ranny had studied her closely all of the way into town. He must get them started before the reporters got to her. She was in no condition to talk about her experience just now.

He had chartered a private plane and flown down to Atlanta, getting there just before the airliner landed. He had counted on its stops giving him time to beat it in to the field. His pilot was still waiting, in case he wanted to go back to the first field.

A few minutes later they were all on their way again. Ranny called Taylor, who asked him to come on at once to Tahlshneka, flying down with Richard.

Tamar's dark head nodded on her father's shoulder as they left Atlanta. The driver of the rented car kept the speed down until they left the traffic. He began to open it up now that they were speeding toward Tahlshneka and Shadwell.

"Dad, I'm so sorry that you worried about me."

"Let's not mention it for a while, Tamar. I'm so thankful to have you back safely."

"Did you pay ransom?" Randolph smiled. "You won't be put off. I can see. I'd have given everything I owned or ever hope to own to keep one hair of your dear head unharmed. It was not that costly. In fact, the abductor was very lenient. I put a hundred thousand in bills of large denominations in a metal strong box and placed it in the hollow of the shaft at the saddle horses' graves. Tahlshneka, I, you know."

"Was it removed?" Tamar asked, her eyes wide. Some one who had known the estate of Shadwell had suggested that place! Who in the world would know that there was a hollow in the base of the tall white shaft? And, why, of all places, would any one risk coming to Shadwell for the ransom?

"Yes, the money was removed some time during the night or early morning. I went down to the cemetery the first thing this morning after daylight. It was gone. Tamar, some one knew that shaft was hollow."

"It couldn't have been Louie, Dad. Why, he was a stranger here, I know. He simply couldn't have known such a small detail as that." Knox Randolph shook his head. "I hardly think, though, that he would trust any one else with the money. I drove into Atlanta yesterday to get it ready."

Tamar was silent. Louie could not have taken the money from Tahlshneka's shaft because at that time he was sound asleep in the cabin at the foot of the mountain where she was held captive. He had an accomplice. Now there were three mixed up in it. There, Louie and some one who knew Shadwell.

Taylor was waiting for them at Shadwell. Dick's plane had landed sooner, and Ranny and he had already talked with the investigator.

Tamar looked hungrily about the terraces and the open vista that stretched down toward the Chestate. It was late afternoon and shadows of the great trees were already darkening the rolling land.

The confusion of wedding guests, clacking guineas, and the sight of waiting police threw Tamar into a nervous tension once more. She wanted to get up to her room and close her door and lie on her big four-poster bed.

She wanted to see the movement of the sheer white curtains blowing in and out of the casements and watch the hands of her clock creep slowly about its funny old face—the clock that had watched the first Tamar Randolph in this same room for so many years.

She wanted to walk softly in that room that had belonged to Maria Randolph, and which would indelibly carry that dear presence till its walls crumbled.

Something gripped her as she took the turn at the first landing of the stairs. Her lips froze and her slender body grew taut. She and Christopher had once stood by the shaft of the famous race horse, the week he had spent here. She had thrust her hand in the hollow at the base and said: "Ranny and I used this for our mailbox years ago."

(To Be Continued)

SAILORS SAVE CHURCH
St. Martin-at-Oak Church, Norwich, was saved from complete destruction in a recent raid by two passing sailors, who fought the flames until overcome by fumes. Damage included all the windows—one by Zebad was 120 years old—and a good deal of tracery. Repairs will cost £700. St. Benedict Gate, on the west side of the city, and an old posting house were swept away by a direct hit.

DID YOU KNOW THAT:

A well-travelled motor road climbs up the wall of a 200-foot canyon in the Canadian Rockies. In a series of hairpin turns, the famous Switch-back of Yoho National Park reaches a greater height for its length than any other road in the Dominion. An Associated Screen "Did You Know That" movie short pictures the road.

Are Real Nuisance

So Called Wild Animals Bother Men At African Airports

Spain may have its Ferdinand the Bull, but Africa has its Ferdinand the Lion. A flier knows. He met him. Major Thomas Dawson is thankful to be alive to tell this story. It seems that he'd just landed his plane at Soudy, Africa, when a big lion dashed up and snuggled him with his paw. A British officer called.

"Hit him back. He wants to play." Major Dawson hit him. But the lion came back like a playful dog, grabbed his arm in his mouth, apparently in a friendly gesture. Then he let go and scampered away.

As a matter of fact, Major Dawson reports that so-called wild animals of all kinds are a nuisance around African airports.

They're a bother, he says, not because of their ferocity, but because of their tameness.

At one airport, a full-grown giraffe wandered all over the place. In many places deer are as tame as goats. At one landing field they had to chase away a herd of elephants before they could land.

Dawson asked a British officer what would happen if the elephants decided not to shoot. The officer replied:

"We never have any trouble unless there are young with them. Then we just stay in the air until they decide to leave."

SMILE AWHILE

Teacher—What's a Grecian urn?
Teacher—That all depends on what he does.

Conductor—You should wait until the car stops, madame.

Fair Passenger—That's all you know about it! I have an accident policy that hasn't paid me a cent yet.

London Waiter—How did you find the steak, sir?

Shelter Diner—I just pushed aside my two peas and there it was.

"You know, Ethel, you've no idea how I worry when you're away."

"Oh you shouldn't do that. I always come back, don't I?"

"Yes, that's what I worry about."

"Your voice is decidedly raspy this morning," complained the colonel.

"I know, sir," answered the lieutenant. "I've been out roughing it with a file of soldiers all morning."

"Charles is marrying again, I hear."

"So they say, and from all accounts his second wife will make rather a lively stepmother for the children."

"A sort of watch-your-stepmother, I suppose."

"Did you see how pleased Mrs. Smith looked when I told her that she did not look a day older than her daughter?"

"I didn't notice. I was too busy watching the expression on her daughter's face!"

Pat finished work at the pit. When he put on his coat he noticed his mates laughing at him. Wondering what was wrong, he took it off again and saw a donkey's head chalked on it.

"Begorra," he exclaimed, "some smart lad has dried his face on my coat!"

Judge—And you call yourself a peace-loving man?

Defendant—I do, Your Honor.

Judge—Even after you slugged Casey on the jaw?

Defendant—Yes, Your Honor. I never saw Casey so peaceful as just after I hit him.

"Rice Krispies" is a registered trademark of Kellogg Company of Canada Limited, for its brand of oven-popped rice. Get some today!

SO CRISP THEY C-R-A-C-K-L-E IN CREAM!

All-Bran Pecan Muffins Substitute For Dessert



So good are these tender-textured, nut-filled bran muffins that they take the place of sugar-consuming desserts, when served piping hot with fresh sweet butter and preserves. Try them some night when you're having a light supper and need something hearty to serve as a "filler-upper." Here's the recipe:

All-Bran Pecan Muffins
2 tablespoons shortening ¼ cup milk
¼ cup sugar ¼ cup flour
1 egg 1 teaspoon salt
1 cup All-Bran 2½ teaspoons baking powder
½ cup pecan meats

Cream shortening and sugar; add eggs and beat until creamy. Stir in All-Bran and milk; let soak until most of moisture is taken up. Sift flour with salt and baking powder; add with the nut meats, to first mixture, and stir until flour disappears. Fill greased muffin pans two-thirds full; bake in moderately hot oven (400 degrees F.) 20 minutes.

Yield: Eight muffins, 3 inches in diameter or 12 muffins 2½ inches in diameter.

Tagging The Beast

The Terrors Of Hitler's Bloody Turf

There is no crime against humanity too base to be committed by the "Beast of Berchtesgaden." His twisted soul seems to delight in tortures of the most horrible kind. Nothing like it has ever been known in modern times. Not even the massacres of innocent Armenians by the "Terrible Turk" approaches the terrors of Hitler's bloody pogroms. He has turned Europe into a shambles. He glories in his saturnalistic of wholesale slaughter.

This is the demon in human form who aspires to rule the world. What he has done in Europe is a sample of what would happen in America, if he ever succeeded in conquering this hemisphere. His diabolical hatred would be vented upon countless thousands of innocent men and women.

The most depraved imagination cannot picture the tortures and torments we would have to suffer if Hitler wins this war.—San Francisco Argonaut.

Trumpeter For Royalty

Canadian Who Played For Their Majesties Dies In Toronto

Alfred Stevens, 43, personal trumpeter for the King and Queen on their royal visit to Toronto, died at his home, 1000 Bloor St. East, York, home after a lengthy illness. He suffered a sunstroke while playing at the C.N.E. two years ago and has been in ill-health since.

Mr. Stevens preceded ahead of the royal train when their majesties visited Canada, and played fanfare with the Royal Canadian Artillery band at all stopping places. In the fanfare he was featured as a soloist. In 1927 he played a solo for the Duke of Windsor, then the Prince of Wales, when he visited Toronto.

The underside continental shelf that runs from Newfoundland to Florida slopes gradually to its edge and then drops off steeply into 1,500 fathoms depth.

HOME SERVICE

BRIGHT FOOTSTOOL COVER YOU CAN WEAVE YOURSELF



Fun to Make on Simple Loom
Ah, luxury! A gaily woven, sturdy footstool cover to give the man of the house a feeling of delicious comfort!

You weave it easily from strips of bright cloth in harmonizing colors—perhaps a flowered fabric for the centre and a darker for the borders. Fold strips to 1-inch width.

Four wooden slats nailed together, with strips of burlap tacked to the two longer sides, form the simple loom.

Up and down, through the burlap strips, you thread a weaving base (warp) of heavy twine. Then double a strip of the cloth (weft) the long way. Set fold against upper left warp thread, running one end of strip under twine and the other over it.

This double weaving gives an attractive braided effect. You bring the upper half under the second warp and the lower half up, crossing this latter half over the warp just used, bringing it over second warp and under third.

You'll find exact details of making this luxurious footstool cover in our 32-page booklet. Also tells how to weave charming evening bag, matching bracelet and belt, scarf, knitting bag, cosies, other novelties.

Send 15c in coins for your copy of "How to Weave Useful Novelties" to Home Service Dept., Winnipeg: Newspaper Union, 175 McDermott Ave. E., Winnipeg, Man. Be sure to write plainly your name, address, and name of booklet.

You GIRLS WHO SUFFER DYSMENORRHEA

If you suffer monthly cramps, backache, dizziness of "menstruals," nervousness—due to functional monthly disturbances—try Lydia E. Pinkham's Vegetable Compound Tablets (with added iron). Made especially for women. Made in Canada. Build up red blood. Made in Canada.

Womens' Dress Special

See these special values in summer dresses. Spuns, tahitis, celanese, poplins. What value if your size is here. Regularly sold up to \$4.00. A few only at..... **2.89**

Vests and Bloomers

Cool lile vests and bloomers for everyday wear. A set of these will save your better garments in these days of scarcities. All sizes, at..... **49c**

Mens' Pants

DRESS PANT SPECIAL

Tropic worsteds make a smart-looking, dressy, cool pant for summer. Come in air force blue and in green. Belt loops and cuffs. This is a special value at per pair..... **3.95**

MEN'S COTTON WORSTED PANTS

Smart enough for semi-dress wear, strong enough for work. Come in black and in navy with white stripe. Belt loops and cuffs. All sizes. Per pair..... **2.45**

MEN'S BULLDOG PANTS

A cotton pant with a nice fine finish. Check patterns in brown and black. Belt loops and cuffs. Special per pair..... **2.25**



PURE STRAWBERRY JAM, solid pack, 4 lb. tin....	69c
HUNTERS MARMALADE, 3-fruit, 4 pound tin.....	59c
SOAP FLAKES, 4 pound packet for.....	45c
BEEF STEW, a ready-made meal in a can, 2 for.....	35c
GRAVES APPLE JUICE, 20 oz. tins, 2 for.....	25c
MONSTERRAT LIME JUICE, 38 ounce bottle.....	1.25
AYLMER TOMATO JUICE, 20 oz. tins, 2 for.....	25c
TOMATOES, choice quality, No. 2 1/2 can, 2 for.....	29c
CHOICE QUALITY CORN, 16 oz. tins, 2 for.....	29c

J. C. McFarland Co.

IRMA :: :: ALBERTA

WANTED

Dry Prairie Bones

40c per 100 pounds
DELIVERED AT IRMA

SIMMONS & SON

TRAVEL BY BUS

WEEK-END EXCURSIONS ON ALL LINES

Leave Irma daily going, West..... **7:35 a.m.**

Leave Irma daily, going East..... **8:45 p.m.**

Charter a bus for your next party trip. Find the low cost and added pleasure

GET MORE FOR YOUR TRAVEL DOLLAR BY BUS

Sunburst Motor Coaches Ltd.

THE DOORWAY TO HOSPITALITY

• Rates that are considerate of your pocketbook.
• Large airy guest rooms, comfortably furnished.
• Grand food in the Café at reasonable prices.

ROYAL GEORGE HOTEL

101st Street, Edmonton

LOCALS

Mr. Gerald Currie and son are building an addition to Mr. Robt. Hanson's service station building.

Berry pickers are busy in their leisure time this week picking and canning Saskatoons which are reported quite plentiful.

In the list of those contributed flowers in memory of the late Mr. Nash published last week, the names of Mr. and Mrs. W. D. Massey should read Mr. and Mrs. W. D. Ramsey.

A peach shortcake tea is being planned for next Saturday, Aug. 8th. Watch for posters and further advertising. Auspices No. 2 Birthday Group, Irma Ladies Aid.

Miss Betty Black of the university hospital was home last week end visiting her parents, Mr. and Mrs. H. L. Black.

Mrs. R. L. Simmermon arrived home last Tuesday from her visit in Saskatoon.

Miss Stella Arnold, in training in an Edmonton hospital, is spending her holidays at home.

Grade 12 students received the results of their examinations on Monday of this week. Some of the students did particularly well. Congratulations.

Miss Joy Enger returned from her holiday in Edmonton last Sunday evening.

Scrap iron is steadily rolling in. Have you contributed yours yet. It is worth \$7.00 per ton delivered in Irma.

Mr. A. E. Peterson underwent on operation at the Lamont hospital last Friday and is now on the way to recovery.

Mrs. M. Christenson and brother Mr. Jas. McDonald, of Jasper, are renewing acquaintances in Irma and district this week.

Mr. L. J. Gwinn and granddaughter, Esther, of Chilliwack, B.C., arrived last week-end for a visit with relatives and friends.

Mrs. R. Bland of St. Louis, Mo., is visiting her parents, Mr. and Mrs. M. D. Askin, and others.

Miss Kathleen Jones has as her holiday guests this week, Miss Marie Kastor, of Viking, and Miss Muriel Wilbraham, of Wainwright.

Rev. and Mrs. Longmire and Lois will be away holidaying at Sylvan Lake for a few weeks. Arrangements have been made to carry on the church services.

WANT ADS

LOST—One red and white heifer, 16 months old, wire in breast, hole punched in left ear. Reward for recovery. Mrs. A. Miles, Box 246, Irma. 24-31-7p.

LOST—Two spring calves, one red heifer, white face; one red bull white spots on head. Reward for recovery. J. Schlender, Irma. 31c

CANNING OF FRUITS WITHOUT SUGAR

There have been a number of inquiries regarding the canning of fruits without sugar. From Miss Vera Richards of the agricultural extension service comes the following information:

While the shape, color and flavor of fruits are better retained when some sugar is added fruits may be canned safely without sugar. It is best to can the juicy fruits, such as berries, cherries, currants and plums in their own juices when sugar is omitted. Water is not required. Extract the juice from the ripe fruits by crushing, heat and strain. Pack the remaining fruit closely into jars without preheating and add boiling hot juices to cover. Seal and process. The less juicy fruits, such as apples, peaches and pears, require the addition of water. Use only the smallest quantity of water necessary. Follow the general directions for canning substituting water for syrup. Fruits for pie-making are commonly canned without sugar.

Any fruit may be canned with honey in place of sugar. Mild flavored honeys are best for general canning purposes. Flavored honeys may be incorporated in pickles and also preserves made from tart fruits such as gooseberries and rhubarb. For strawberries, raspberries, peaches, pears, sweet cherries use a syrup of 1 cup honey to 2 cups water. To prepare syrup use a large kettle (as honey tends to foam) bring water to boiling point, add honey, let come to rolling boil, skim and use. Process with usual canning method.

For further information write for our "Canning and Preserving with Honey" folder.

Agricultural Extension Service, Department of Agriculture, Edmonton, Alberta.

Coffee Shop on Wheels Speeds Rail War Service



WAR time conditions demanding speedier dining services for men of Canada's Armed Forces and civilian passengers. In the former (shown above) the conventional tables for two and four passengers were removed from standard dining cars and replaced by two tables the length of the car, seating 54, instead of 30 or 36, thus greatly facilitating meal time services for



Army men. In the cafe cars (centre), which have just been placed in service by the C.N.R., "plate" meals are served at moderate prices. Again, the conventional tables have been given way to coffee shop tables arranged along the sides of the dining compartments. The car has a kitchen in the centre with a dining compartment at each end and provides accommodation for 40 persons at one sitting. These cars are of all-steel construction and are air conditioned. Floor plan of the cafe car is shown below. Experts of the National System also designed the "Commissary Kitchens Car" for preparing meals on troop trains. These cars have been in service on the C.N.R. lines for over two years.

War Time Prices and Trade Board

WARTIME PRICES AND TRADE BOARD NEWS

First prosecution under the enforcement counsel of the War-time Prices and Trade Board in Alberta took place on July 17, in Drumheller Police Court when Silvio Rauben, Italian coal miner of Aerial, Alberta, was fined \$120.00 and costs of \$3.75 with alternative; 3 months in jail for hoarding 60 pounds of sugar.

Prosecution was made by Magistrate Arthur G. Bond, under instruction of A. A. Carpenter, enforcement counsel for the Wartime Prices and Trade Board in Alberta.

Rauben made no attempt to avoid questions when R.C.M.P. discovered the sugar in his basement. The sack containing the sugar was stamped with the date May 28, 1942.

He pleaded guilty and paid the fine.

PERMIT APPLICATIONS CROWD TRANSPORT OFFICE

About 200 permits have been given to farmers to carry passengers in their trucks in the course of necessary transactions of farm business the Services Officer, Truck Control, W.F.T.P.B., reports. But as many refusals have been handed out.

WPTB NOTES FOR FARMERS

Questions in the minds of farmers these days are answered by Walter S. Campbell, regional representative, Wartime Prices and Trade Board:

Q. Will the production of farm machinery be reduced?

A. Yes, with a few exceptions, such as milk machines, cream separators, and one or two others, there will be decreased production, although there will be an increase in the production of machinery parts.

Q. Can a farmer move a tractor from a dealer's to his farm using marked gasoline?

A. Yes, by obtaining a permit from these Provincial Fuel Controller.

Q. Can he move a tractor from farm to farm using marked gasoline?

A. Yes, a distance of ten miles is permitted.

Q. Is there any danger of a shortage of milk cans?

A. The production allowed is 10 per cent over 1940 in any year and with the increase in production milk cans will have to be used continuously.

Q. Are exchanges of goods between farmers under the ceiling?

A. No, but sales are made to persons other than farmers then the ceiling prices apply.

Q. What will be the supply and price of binder twine this fall?

A. Farmers will buy binder twine at the same price as 1941. The same grade may not be available. If substitution is made,

the same profit only per pound will be charged as in 1941. Price ranges from 500 feet of twine at 9 cents per pound, to 650 feet of twine at 11 1/2 cents a pound.

—V—

NO COUPONS, NO SUGAR

Ration books are the housewives' sugar bank books to be guarded as carefully. No coupons, no sugar! This warning is issued by the Wartime Prices and Trade Board, which has become a board of distress-appeal to a number of people who have already lost their ration books.

—V—

EARLY PURCHASE OF COAL FACILITATED

Consumers are again urged to obtain their supplies of coal at once. Walter S. Campbell, regional representative of the Wartime Prices and Trade Board stated thus: "Owing to the shortage of labor and equipment it urged that you get your coal supply at once. A plan has been arranged whereby your dealer will accept your note, which he can discount at the bank, from \$50.00 to \$250.00 payable in monthly instalments before May 15, 1943. Under this plan, the coal must be delivered before August 31, a date which may be extended to September 15. Application forms may be secured from the dealer, bank or office of the Wartime Prices and Trade Board."

FARMERS' WIVES TO SIGN SUGAR VOUCHERS FOR HARVEST CREWS

For the farmer's wife who is wondering how to supply sugar for table use when gangs of hungry threshers or harvesters come to her home, it is arranged that she may purchase the needed supply by voucher. That means she, or someone authorized by her, will go to her regular retail store and sign a purchase voucher provided there for the sugar. On the voucher will be marked "harvest workers" or "threshing crew," the number of men at her farm, and the length of time they will be there. The retailer will follow the usual procedure of accepting the voucher, and supplying the sugar she is entitled to, on the ration basis.

Irma Times

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S. W. CARTER, Local Editor.

FURVIS & LOGAN

Berriesters and Soliders
Irma Phone: No. 87
At Irma every second and fourth Friday of each month.

EIGHT-POINT MACHINERY PROGRAM

The Central Experimental Farm, Ottawa, suggests the following methods for conserving farm machinery:

1. Do as much home repair work as possible.
2. Keep machines properly adjusted and in good order.
3. Purchase good second-hand or reconditioned tools.
4. Purchase special machinery jointly with neighbors.
5. Hire rather than than own, expensive machines unless the acreage handled justifies ownership.
6. Do custom work with large machines whenever possible.
7. Select power units to meet farm needs and load them to capacity.
8. Operate a unit large enough to use the equipment efficiently.

SHIPPING HOGS

Every Tuesday and Wednesday up to 1 o'clock p.m.

Starting Car Every Week

HIGHER PRICES PAID

O. A. Lovig, Irma

Men, Women Over 40
Feel Weak, Worn, Old?

Want Normal Pep, Vigor, Vitality?

Does your system need conditioning? Do you feel tired, run down, overworked? Do you have indigestion, constipation, or other ailments? Do you feel old, worn, and tired? Do you have a lack of energy and vitality? Do you have a lack of interest in life? Do you have a lack of enthusiasm? Do you have a lack of confidence? Do you have a lack of courage? Do you have a lack of faith? Do you have a lack of hope? Do you have a lack of love? Do you have a lack of compassion? Do you have a lack of kindness? Do you have a lack of generosity? Do you have a lack of forgiveness? Do you have a lack of patience? Do you have a lack of understanding? Do you have a lack of wisdom? Do you have a lack of knowledge? Do you have a lack of skill? Do you have a lack of talent? Do you have a lack of ability? Do you have a lack of power? Do you have a lack of strength? Do you have a lack of endurance? Do you have a lack of stamina? Do you have a lack of energy? Do you have a lack of vitality? 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